

Somers Senior Center November 2024 Newsletter



Somers Senior Center

19 Battle Street, Somers CT 06071
860-763-4379

Mon-Thurs 8am-4pm, Fri 8am-12pm

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Somers Human Services

619 Main Street, Somers CT 06071
860-265-7551


Mon-Wed 8am-5pm, Thurs 8am-6:30pm

Matthew Cox, Human Services Director
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*Give Thanks
with a
Grateful Heart*

The Town of Somers Senior Center and activities offered are open to all individuals ages 55+. Registration is **FREE** and all 55+ are welcome! It is our goal to create a warm and welcoming environment where members can take part in recreational, educational and social activities. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to members who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer. Interested in becoming a member? Fill out our **Membership Registration Form** and become a member today!

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CLOSINGS & CANCELLATIONS

The Somers Senior Center will be **closed** on **Monday November 11th** in observance of Veterans Day and will also be **closed** on **Thursday & Friday November 28-29** in observance of Thanksgiving. **Chair Aerobics will begin at 10:30am on Friday November 8th and at 9:30am Friday November 22nd.**



860-763-4379 ~ www.somersct.gov ~ Like us on Facebook! 



Somers Human Services



Please call Somers Human Services at 860-265-7551 for information or to make an appointment.

Energy Assistance



Our department has several programs available to help offset your heating costs this winter and you may be eligible for assistance.

Eating Well on a Budget

Leverage local resources to help stretch your household food budget:

Champ's Place food pantry



Somers Congregational Church, 599 Main Street

Open Mondays from 10am to 12pm and from 6pm to 7pm.

Mobile Food Pantry from Connecticut Food Share visits Champ's Place this month on Wednesday, November 6th & 20th from 1:00pm to 1:30pm. **HINT:** Bring a small cart, laundry basket, sturdy box or shopping bags to easily carry items home with you.

Application Assistance available for SNAP, Medicaid and Financial Assistance.

Meals-on-Wheels - available for homebound seniors and people with disabilities.

Medicare Open Enrollment October 15th-December 7th



Do you need help selecting the right Medicare plan for you? Please call North Central Area Agency On Aging (NCAAA) at 860-724-6443 x268. Please leave a message and it may take a day or two for a call back to assign a volunteer to help you.

DONATE ❤️

Town Emergency Fund

The Season of Giving is almost upon us! We need the community's help to ensure that everyone in Somers can meet their basic needs for stable housing, heat, and food during the approaching winter. Please make checks payable to Town Emergency Fund, 619 Main Street, Somers, CT 06071. For more information, please call 860-776-0214.



Senior Center Updates



CHECK-IN - Please remember to check in when you arrive at the Sr. Center for any program or event. You may use your member ID card to scan or manually enter your first name and phone number. This helps us track attendance and membership which impacts programs & events that we provide!

FLU SEASON Flu season is upon us. If you do not feel well, please stay home. We do not want to risk getting others sick so please be kind and respect the health of others. If you have signed up for a class, and cannot attend, please call the Senior Center to cancel. Thank you!

REFLECTIVE ADDRESS MARKER "If We Can't Find You, We Can't Help You" Please help us keep YOU SAFE by making sure your house number is VISIBLE from the street. Street numbers are vital so that emergency responders can locate your home quickly! The Somers CERT (Citizen Emergency Response Team) working with the Somers Fire Department is offering free address markers. The markers are visible day or night, reflective and fade resistant. Information and Order Forms are found here: **Reflective Marker Info Order Form**

SENIOR ADVISORY MEETING The next meeting will be held **Tuesday, November 12th at 1:00pm** at the Somers Senior Center.

QIGONG Qigong will be back at the Senior Center starting November 4th from 9am-9:45am. We will be utilizing YouTube Videos to conduct the class.

NEW!! WALKING GROUP Now that the cooler weather is upon us, we would love to start a walking group on Monday mornings at 10:00am (weather permitting). Meet in the Senior Center parking lot for walking and friend making. Please call if you are interested!!

Everbridge ~ Town of Somers Alert System

Notification Program Overview... The Town of Somers launched a mass notification service that allows us to alert you. You opt-in to enter your contact information and subscribe to notifications you care about. **The information you provide is protected and will not be used for any other purpose.**

How It Works... When we issue a notification about a potential safety hazard or concern, you will receive a message on the voice or text communication methods that you have registered. If requested for the notification, you can confirm that you have received the message and you will not be contacted by any subsequent methods regarding that particular notification. If you do not confirm, the system will continue to attempt to reach you at all of the contact paths that you have registered.

Sign up for Notifications... Create an account and add your contact information into the Mass Notification system. You can stop receiving at any time by removing your contact information from your profile.

Let us know if you need assistance signing up! We'd be happy to help you!

SCAN ME





Health & Wellness Classes

Qigong- Mondays, 9-9:45am ****FREE****

Join us as we explore different YouTube videos that provide a simple approach of learning the benefits of meditation, balance, strength & flexibility. Class held indoors at the Sr. Center.

Walking Group- Mondays, 10-11:00am ****FREE**** *NEW!*

Meet in the Senior Center parking lot for a fun walk with one of the staff!

Chair Aerobics- Tuesdays & Fridays, 10-11:00am ****FREE****

A classic DVD chair fitness program. All levels are welcome!

"Fit & Fun" Fitness- Wednesdays, 10-11:00am **\$40/Punch Card for 10 classes**

Join Chelsea Lowe, A Better Self, LLC for a low-impact, total body workout with great music! This class strengthens muscles through mindful movement & breathing. ***Class held inside Kibbe Fuller Gym.***

Stretching w/ Keely- Thursdays, 10-11:00am **\$40/Punch Card for 10 classes.**

Dim the lights and listen to meditation music as you learn basic Yoga type stretch moves while sitting or standing. Everyone loves this class and all levels are welcome! ***Class held inside Kibbe Fuller Gym.***

Cornhole & Coffee - Thursdays, 9-10:30am ****FREE****

Cornhole is a game in which players or teams take turns throwing fabric bean bags at a raised, angled board with a hole in its far end. It is an easy game to play, regardless of your gaming experience. ***Played indoors or outdoors & Will teach!***

Pickleball- Tuesdays & Fridays, 9-11:00am ****FREE****

Weather permitting. Tennis courts at Field Road Park. Four courts & some equipment provided! New & experienced players welcome. ***Must register with the Sr. Center & complete a Waiver Agreement if you wish to play.***

Games, Groups & Activities



Art Group- Mondays, 10-11:30am

****FREE**** All mediums welcome. Bring your own ideas and supplies.

SCRABBLE- Mondays, 11:00am ****FREE****

Bring a friend and enjoy exercising your brain!

SKYJO- Mondays 1-3:00pm ****FREE****

Even if you are a beginner or seasoned player, please join us for this new card game that is easy to learn and fun to play! ***Will teach!***

Coffee Talk- Tuesdays & Fridays, 9-10:00am

Join your friends & make new ones for fresh coffee, tea and light snacks. ***(Donations welcome for supplies)***

RUMMIKUB- Tuesdays, 11-1:00pm ****FREE****

Rummikub is easy to learn and fast moving. The "board" changes all the time as players adjust the tiles on the table. It combines luck and strategy, and it changes quickly so every player has a chance to win until the very end. Players take turns placing numbered tiles in runs and groups and the Joker tiles add to the fun! Space is limited so sign up today!! ***Will Teach!***

Senior Learning Network- Tuesdays, 2-3:00pm

****FREE**** Live video conferencing technology to deliver life-long learning programs.

Dominoes- Wednesdays, 1-3:00pm ****FREE****

Please come and learn the game. ***Will teach!***

Bingo- Thursdays, 12-3:00pm

Free coffee/tea. Bring your lunch and enjoy an afternoon of Bingo! ***Will teach!***



Special Programs & Events



LUNCH BUNCH-YANKEE CANDLE

Wednesday November 6th
9:00am

Start your Christmas shopping by spending a day at Yankee Candle in Deerfield MASS and lunch at "Wolfie's" restaurant.

\$5/pp



VETERANS DAY BREAKFAST

Friday, November 8th, 9:00am

Let us gather and honor all who have served by enjoying a delicious breakfast prepared by Chef Pam



THE BRA LADIES BOUTIQUE, LLC

Wednesday, November 13th 10:30am



Local Somers business "The Bra Lady" boutique will be by to provide free bra fittings & consultations

THE RESERVE AT EAST LONGMEADOW

Friday, November 15th 10:00am

The Reserve at East Longmeadow will be by serving a light breakfast along with a presentation on their facility and services



"LIFE ALERT"

Tuesday, November 19th 11:30am

Jeff Barter from The Alarm Company will talk about various alarm products to help keep you safe and well.



CHILLY CHILI LUNCHEON

Friday, November 22nd, 11:00am \$3/pp



Shake off the November chill and come enjoy a warm bowl of chili while listening to the musical talents of Deb Salli!



TOWN OF SOMERS

ANNUAL "STUFF A CRUISER"

Monday, November 25th

The Town of Somers Annual Stuff a Cruiser event begins Monday November 25th. Please stop by the Somers Police Department with a new unwrapped gift.



ACRYLICS ON CANVAS

Monday

December 2nd

11:00am-2:00pm

Artist Sandy Poirier will instruct an acrylic painting workshop of this festive winter canvas.

\$15/pp includes all materials.

Sign up and pay in advance by Nov. 25th.





Personal Care

FOOTCARE SERVICES

Dates Available:

The Senior Center provides footcare services every month! Please call the Senior Center to make your appointment.

Nov 21st

Dec 26th

Jan 23rd



SPA SERVICES

SPA SERVICES

The Senior Center offers spa services by **MA Licensed Tech Diane Neill**. First Wednesday of the month. Call the Senior Center to book your appointment.

Signature Facial.....	\$38
Microdermabrasion Facial.....	\$48
LED Light Therapy.....	\$15
Waxing Services: (brow, lip, chin etc.).....	\$7 - \$18

Cash or Check only



With Thanks



We would like to thank the following individuals who have so generously donated to the Senior Center:

**Sandy Balaska, Gloria Coles
Frank & Sandy Rook**

Somers Senior Citizen's Club



SOMERS SENIOR CITIZEN'S CLUB PRESENTS

Wednesday, November 20th
11:45am-1:15pm

The November Menu is: Meat Lasagne with Green Beans, Cole Slaw, Italian Rolls & Butter and Cannoli for dessert.

****ORDER IN ADVANCE REQUIRED****

Call Dan Fraro at (860) 749-7108 to order
Must order by noon the Monday

prior to lunch

\$5 payable day of lunch

EXACT CHANGE GREATLY APPRECIATED

Inclement Weather



The Somers Senior Center follows the Somers Public Schools with regards to weather related closures/delays. If schools are delayed or closed, programs/events at the Somers

Senior Center as well as Dial-a-Ride transportation will be delayed/cancelled. Please tune into WFSB Channel 3 or NBC 30 and look for "Somers Senior Center" for up-to-date information on delays/closings





Meal Events

Home Helpers®

Luncheon

Tuesday, Nov 5th

12:00pm

Space is Limited

Sign up by Nov 1st



THE RESERVE
at East Longmeadow

Friday Nov 8th

10:00am

Come enjoy a light breakfast provided by our friends at The Reserve!



Chilly Chili Luncheon

Friday Nov 22nd

11:00am \$3/pp

Come enjoy a bowl of warm chili while enjoying the musical talents of Deb Salli!



PARKWAY PAVILION
HEALTH & REHABILITATION CENTER

Birthday Luncheon

Tuesday, Nov 26th

12:00pm

Space is Limited

Sign up by Nov 21st



December Lunch Bunch!

DECEMBER LUNCH BUNCH

Tuesday, December 10th

"MERRY CHRISTMAZZ HOLIDAY VARIETY SHOW" with Jimmy Mazz

Lunch, Show & Transportation **\$50/pp**
Paid at time of sign up/Limited Seating

Includes a Complete Yankee Pot Roast Luncheon, Dessert, Coffee, Tax, Tip & Transportation to the Carriage House at Storrowtown West Spfld, MA.

Leave Sr. Center at 11:00am
Lunch at 12:00pm
Showtime at 1:30pm
Estimated return to Sr. Center 3:00pm



MOVIE TIME!

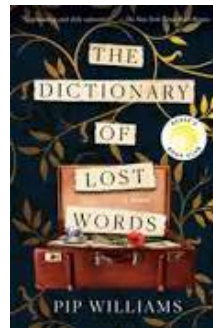


Book Club with Somers Librarian Coordinator, Allison Rief

Thursday, November 21st

3:00pm

The Dictionary of Lost Words
by Pip Williams



Based on true historical events surrounding the compilation of the Oxford English Dictionary, the suffrage movement for women's voting rights, and World War I. The novel won numerous awards, including the MUD Literary Prize for best debut novel and General Fiction Book of the Year at the Australian Book Industry Awards, both in 2021.

Please call 860-763-4379 to pick up a book and join this great group if you love reading!



"Scent of a Woman"

Wednesday November 27th

10:00am

Frank is a retired Lt. Col. in the US army. He's blind and impossible to get along with.

Charlie is at school and is looking forward to going to college. To help pay for a trip home for Christmas, he agrees to look after Frank over Thanksgiving.

Frank's niece says this will be easy money, but she didn't reckon on Frank spending his Thanksgiving in New York.

Rated "R" /2hr 36mins





Friendship Tours Day Trip

The Somers Senior Center is pleased to offer the following Holiday Trip with Friendship Tours!

Full payment is due at sign-up. Please stop by the Senior Center for flyer and complete information.



December 13, 2024 - Christmas by Candlelight at Old Sturbridge Village, Sturbridge, MA. Enjoy a holiday lunch at The Publick House and then stroll Old Sturbridge Village listening to victorian carolers and enjoy a horse drawn sleigh ride - **\$143/pp**



Future Events

Coming soon in December!!

- ~ Town of Somers Holiday Festival/ **Dec 7th**
- ~ Merry Christmas Holiday Show with Jimmy Mazz/The Carriage House/ **Dec 10th**
- ~ Emergency Preparedness Workshop with Ann Cournoyer/**Dec 11th**
- ~ Dee Reilly Concert at the Somers Senior Citizens Club Lunch /**Dec 18th**
- ~ New Years Eve Party / Dinner, Dancing & Show/Joanna's **Dec 31st**



Somers Public Library



Movie Matinees at the Library Fridays - 1:00pm



Nov 1st
"Twisters"

There will be no movie the day after Thanksgiving (11/29) as the Library will be closed.



Nov 15th
"It Ends With Us"



Nov 8th
"The Throwback"



Nov 22nd
"The Nana Project"

Care Cafe'

**Every first Tuesday of the month
10:00am Library Conference Room**

We welcome those living with dementia and their care partners for beverages, conversation and support. Join Karla Vince & Nicole Madson from Visiting Nurse and Health Services of CT.

NO REGISTRATION NEEDED



Somers Public Library

2 Vision Blvd
Somers, Connecticut 06071 | 860





The Senior Learning Network at the Somers Senior Center



The Senior Learning Network uses live video conferencing technology to deliver life-long learning programs to groups of older adults in retirement communities, nursing homes, assisted living, adult day cares, community centers, libraries and other venues.

November 5: Ford's Theatre and the Lincoln Assassination

Join us at Ford's Theatre, as we visit the story of Lincoln's assassination from the place where it happened! Explore the world of Civil War Washington, D.C., the events leading up to the night of the assassination and consider its lasting legacies. During this program, we will look closely at historical and contemporary images including maps, photographs and illustrations.



November 19: Chimney Rock Museum: The Oregon Trail: Chance, Choice and Chimney Rock!

Experience the Oregon Trail like never before at Chimney Rock! Discover the importance of choice, chance, and opportunity as our expert shares real stories of those affected by the historic trail. Feel the awe and curiosity the pioneers experienced when they saw the most famous landmark on the Oregon, California, and Mormon Trails. Designated as a National Historic Site on August 9, 1956, Chimney Rock and the Ethel and Christopher J. Abbott Visitor Center are maintained and operated by the Nebraska State Historical Society.



November 12th: The Roosevelt Children: FDR Presidential Library and Museum

Often overshadowed by their incredibly accomplished and famous parents, we will take this time to get to know the Roosevelt children. We will discover some of the successes and failures of the family, and how they may compare to other presidential offspring. How was being the child of such important and famous parents a drawback? Was it a hindrance or a help? Join us as we explore these and other fascinating facts by one of our favorite presenters, Jeff Urbin, from the FDR Presidential Library and Museum.



November 26: Virtual Tour of the Wyoming Veterans Museum



In honor of Veterans Day this month, we will visit the Wyoming Veterans Museum, located in the heart of the World War II Casper Army Air Base. The Wyoming Veterans Memorial Museum honors and shares the contributions made by generations of Wyoming veterans. Explore the individual experiences of soldiers, sailors, airmen, and marines who protected our nation around the globe. Step outside and take a tour of the WWII Casper Army Air Base. Learn more about the base, built after Pearl Harbor, which trained bomber crews for service above Europe and the Pacific.





The Somers Senior Center would like to acknowledge our members with **NOVEMBER Birthdays!**

**Nov 1st:**

Louise B.
Kim B.

Nov 2nd:

Mary L.
Mary T
Priscilla S.
Carole S.

Nov 3rd:

Tom S.
Faith G.
Anthony S.

Nov 4th:

Carin G.
Patricia P.
Christina B.
Deanna W.
Steven N.

Nov 5th:

Marilyn P.
Diane S.
Rodney N.
Theodore C.

Nov 6th:

Janet S.

Nov 7th:

Sharon N.
Catherine D.

Nov 7th:

Karl K.
Luping P.
Gail W.

Nov 8th:

James R.
Marjorie G.
Jeri St. J.

Nov 9th:

Neil C.
Steven L.
Shirley C.
Ann G.

Nov 10th:

Jordan C.
Bernice W.
Matilda C-R.

Nov 11th:

Timothy S.
Virginia S.
Jeninne P.

Nov 12th:

Janene B.
Raymond R.
Paul H.
Janet St. L.

Nov 13th:

Judith O.
Velma H.
Roland H.

Nov 14th:

Rick C.
Betty Jean K.
Walter K.

Nov 15th:

Eileen H.
Francis R.
Cynthia R.
Patricia T.

Nov 16th:

Fred W.
Conrad M.
Anna J.

Nov 17th:

Earl B.
JoAnn T.
Constance L.

Nov 18th:

James G.
Hesiquia A.
Susan C.
Donna M.
Eric C.

Nov 21st:

Barbara E.
Claudia M.
Linda B.
Kathleen D.
Karen T.
Robert M.
Tammy B.

Nov 22nd:

Carol K.
Gregory E.
Ellen F.
Roxanne R.

Nov 23rd:

Laura R.
Mark T.
Rena F.
Ralph W.
Debra B.
Anita T.
Michelle D.
Dorothy L.

Nov 24th:

Friedl W.
Geraldine B.
Diane B.
Diane P.
John C.
Jeff E.
Ava Z.

Nov 25th:

Patricia E.
Ann L.
Robert B.
Jeane R.

Nov 26th:

Rosetta A.
William K.
Daniel B.
Joyce F.
Rita M.
Shawn S.

Nov 27th:

Elizabeth P.
Ann Y.
Ruth L.

Nov 27th:

Robert D.
Patricia V.
Karen B.

Nov 28th:

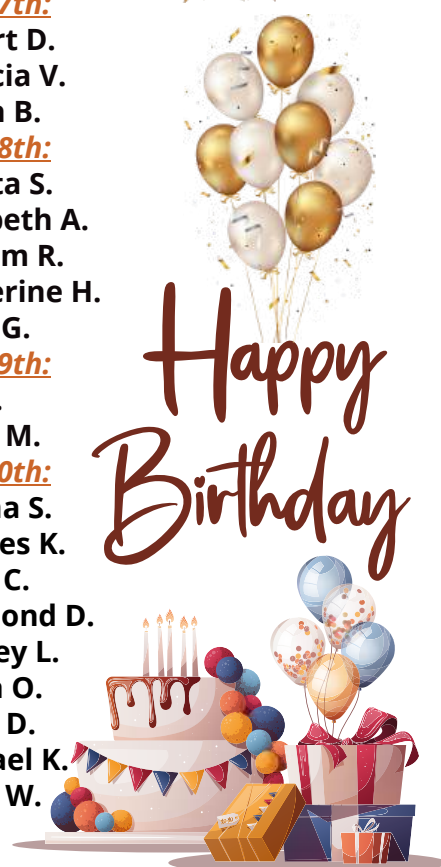
Shanta S.
Elizabeth A.
William R.
Catherine H.
Scott G.

Nov 29th:

Pat B.
Lloyd M.

Nov 30th:

Norma S.
Dolores K.
Irene C.
Raymond D.
Stanley L.
Maria O.
Elena D.
Michael K.
Betty W.



Happy Birthday

Voting Transportation



The Somers Senior Center will be offering free transportation to the polls on election day Tuesday, November 5th. If you need need a ride, please contact us at **(860)763-4379** to make arrangements. You don't even need to get off the bus to vote, they will come to you!

PLEASE REMEMBER TO BRING YOUR CURRENT I.D. TO PRESENT WHEN VOTING.



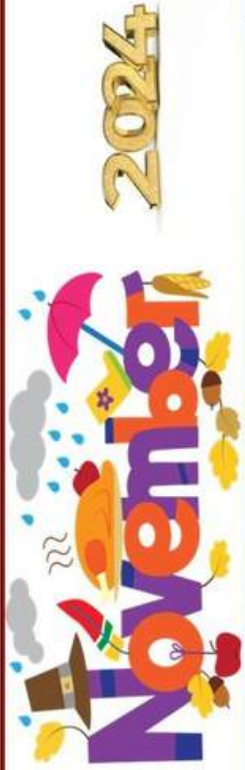
Birthday Celebration



Our Birthday Celebration will be held on Tuesday, **November 26th at 12:00pm**

Cake will be served following the Parkway luncheon to honor all of our members who have a November Birthday!





1. FRIDAY
9:00 Coffee Talk
10:00 Chair Aerobics


4. MONDAY
9:00 Qigong
10:00 Art Group
10:00 Walking Group
11:00 Scrabble
1:00 SKYJO Card Game

5. TUESDAY
9:00 Coffee Talk
10:00 Chair Aerobics
11:00 Rummikub Tile Game
12:00 Home Helpers Lunch
2:00 Senior Learning Network

6. WEDNESDAY
SPA SERVICES (BY APPT.)
10:00 Fit and Fun
9:00 Lunch Bunch-Yanke
Candle and Wolfies
Restaurant \$5pp
1:00 Dominoes

7. THURSDAY
9:00 Cornhole Game & Coffee
10:00 Yoga Stretching
12:00 Bingo
5:30 Bridge

8. FRIDAY
9:00 Veteran's Day
Breakfast with Chef Pam
10:30 **Chair Aerobics**

11. MONDAY-CLOSED


12. TUESDAY
9:00 Coffee Talk
10:00 Chair Aerobics
11:00 Rummikub Tile Game
1:00 Senior Advisory Meeting
2:00 Senior Learning Network

13. WEDNESDAY
10:00 Fit and Fun
10:30 **The Bra Ladies**
Boutique LLC - Presentation
1:00 Dominoes

14. THURSDAY
9:00 Cornhole Game & Coffee
10:00 Yoga Stretching
12:00 Bingo
5:30 Bridge

15. FRIDAY
9:00 Coffee Talk
NO CHAIR AEROBICS
10:00 Light Breakfast with
The Reserve

18. MONDAY
9:00 Qigong
10:00 Art Group
10:00 Walking Group
11:00 Scrabble
1:00 SKYJO Card Game

19. TUESDAY
9:00 Coffee Talk
10:00 Chair Aerobics
11:00 Rummikub Tile Game
11:30 **Life Alert Presentation**
2:00 Senior Learning Network

20. WEDNESDAY
10:00 **Fit and Fun**
12:00 Somers Senior Citizen's
Club Lunch-\$5.00pp
1:00 Dominoes

21. THURSDAY
8:30 Foot Care (by Appt.)
9:00 Cornhole Game & Coffee
10:00 Yoga Stretching
12:00 Bingo
3:00 Book Club
5:30 Bridge

22. FRIDAY
NO COFFEE TALK
9:30 Chair Aerobics
11:00 Chilly Chili Lunch \$3pp
and music with Deb Salli

25. MONDAY
9:00 Qigong
10:00 Art Group
10:00 Walking Group
11:00 Scrabble
1:00 SKYJO Card Game

26. TUESDAY
9:00 Coffee Talk
10:00 Chair Aerobics
11:00 Rummikub Tile Game
11:30-12:30 BP/BG Screening
12:00 Parkway Birthday Lunch
2:00 Senior Learning Network

27. WEDNESDAY
10:00 Fit and Fun
10:00 **Movie:**
Scent of a Woman
1:00 Dominoes

28. THURSDAY-CLOSED

29. FRIDAY-CLOSED





Remember to turn your clocks back **1 hour!**
This is also a great time to change the batteries in your smoke and carbon monoxide detectors.

Did you know that the **American Red Cross** can install **FREE** smoke alarms in your home? This **FREE 20-minute visit** will provide simple steps you can take to protect yourself against fire.

All demonstration/installation services performed by **Red Cross** trained volunteers and/or licensed/insured professionals.

Call **(877)287-3327** and choose option "3"



Do you have unwanted/unused prescriptions in need of disposal? The drop box is available in the lobby of the police department/resident state trooper's office. Anyone can drop off prescription medication. There are no questions asked and identification is not required. Residents are encouraged to call ahead **(860-749-4955)** or stop by whenever an officer is at the station.



CT INFO LINE - Dial 211

Vital Resource to find available community services

CHOICES - 1-800-994-9422

Assistance with Medicare, Medigap and Medicare Part-D applications

CONSUMER LAW PROJECT FOR ELDER - 1-800-296-1467

Free Legal Assistance for Seniors with consumer problems

ELDER JUSTICE HOTLINE - 1-860-808-5555

Elder justice issues can range from age-based discrimination in the workplace to scams and fraud, elder abuse, neglect & exploitation. If you have been the victim of any of these, please call!
They are there to help!



In this season of Thanksgiving, we could not go without recognizing all of the wonderful sponsors and volunteers that support us by providing programs and meals. They are an integral part of the senior center and we are truly grateful for their time, efforts and most of all friendships.

All American Assisted Living

Audra Lauf, Sharon Luftglass, "Chef Kathy"

Home Helpers

Nicole Madson

The Parkway Pavilion

Tasmeem Lodhi & Chef Edele Ortiz

Comfort Keepers

Katelyn Bacon

The Ivy

Amanda Slack, Lindsay Redin

Geissler's

Visiting Nurse & Health Services of CT

Karla Vince, Sandra Wood

Kraner & Hess, Attys at Law

Ann Magio, RN

All of our Wonderful Senior Center Member Volunteers!!

*Lead with Kindness....
Live with Gratitude*



Somers Senior Center Registration Form - November 2024 Classes, Events & Trips



Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
		\$
We accept cash, credit card and checks payable to Town of Somers	TOTAL DUE:	\$

**REGISTRATION FOR ALL EVENTS (unless noted) BEGINS ON:
October 23rd FOR SOMERS RESIDENTS AND October 28th FOR NON-RESIDENTS.**

FORMS WILL NOT BE ACCEPTED PRIOR TO THIS DATE.

A REGISTRATION FORM MUST BE SUBMITTED FOR ALL EVENTS THAT YOU WISH TO ATTEND.

Somers Recreation & Leisure Services Participant Waiver

I hereby agree to release, discharge and hold harmless the Town of Somers, Somers Recreation & Leisure Services Department and the Somers BOE, its directors, employees, agents, contractors and/or volunteers from any and all liability that may occur during my participation in Somers Recreation & Leisure Services activities. I understand that participation in any recreational activity involves risk and I grant permission to the Town of Somers to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.

Somers Recreation & Leisure Services Photo Release

Participants in Somers Recreation & Leisure Services programs acknowledge that photographs may be taken during activities within our programs. By participating in our programs, you allow reproductions of these photographic materials to be used in promotional activities including but not limited to brochures, email campaigns, social media and more exclusively by the Somers Recreation & Leisure Services.

- I have read and am in compliance with the photo policy stated above.*
- I have read and am **NOT** in compliance with the photo policy stated above.*

Print Name: _____ **TOWN:** _____

Signature: _____

Date: _____

